

2001 California Children's Healthy Eating and Exercise Practices Survey

Table 4: Servings of Fruits, Juices, Vegetables and Salads Consumed by California Children per Typical Weekday for All Eating Occasions (Diary Sample)

How many servings of each (fruits, vegetables, 100% juices (vegetable or fruit), salads) did your child eat/drink in this category?

	Reported Mean Servings		
	Fruits	Juices	Vegetables
Total	1.1	0.6	1.0
Gender			
Males	1.0 **	0.6 *	1.1
Females	1.2	0.5	1.0
Ethnicity			
White	1.0	0.5 ^a *	1.0
African American	0.7	0.5 ^{ab}	1.0
Latino	1.1	0.7 ^b	1.0
Asian/Other	1.1	0.6 ^{ab}	1.1
Income			
≤\$19,999	1.1	0.7 ^{ab} **	1.4 ^b **
\$20,000 - \$49,999	1.1	0.7 ^b	1.0 ^a
≥\$50,000	1.0	0.5 ^a	0.9 ^a
Federal Poverty Level			
≤ 185%	1.1	0.7 ***	1.1 *
> 185%	1.0	0.5	1.0
Food Stamps			
Yes	1.0	0.8 *	1.4 ***
No	1.1	0.6	1.0
Overweight Status			
Not at Risk	1.1 *	0.6	1.0
At Risk/Overweight	1.0	0.5	1.0
Physical Activity			
≥60 minutes	1.0	0.6	1.0
<60 minutes	1.1	0.6	1.0
School Breakfast			
Yes	1.2 *	0.8 **	1.3 **
No	1.0	0.5	1.0
School Lunch			
Yes	1.1	0.6	1.1
No	1.0	0.6	0.9
Nutrition Lesson			
Yes	1.2 **	0.6	1.1 **
No	0.9	0.6	0.9
Exercise Lesson			
Yes	1.1 **	0.6	1.1 *
No	0.9	0.6	0.9

A box around a group of numbers signifies that differences observed within this group are statistically significant.

Categories sharing a common superscript (a,b,c) are not statistically different from each other (Tukey's test at a procedure-wise error rate=.05).

ANOVA

* p<.05

** p<.01

*** p<.001